

Anglian Open

Powerlifting Championship 2007

(under BWLA rules)
Sunday March 18th 2007
 Entry closing date March 4th 2007

Qualifier for the British Unequipped 2007
 Qualifier for the British Powerlifting Championship 2007
 Open to all BWLA lifters, from all divisions



At Hamiltons Fitness Centre, Telford Way, Colchester.

Timetable:

All women and men 52kg to 75kg, Weigh in 09:00Hr to 10:30Hr, Lifting starts 11:00Hr
 Men 82.5kg to 125kg+ Weigh in 10.30Hr to 12:00Hr, Lifting starts TBA (after 12:30Hr)



Name.....

Address.....

.....Post Code.....

Tel or email.....Club.....Age.....

Male/Female.....Bodyweight Class.....Equipped / Unequipped (circle)

Please enclose a cheque in the sum of £12.50 made payable to
 S. Hamilton and send to Hamiltons Fitness Centre, Telford Way, Colchester,
 Essex, CO4 9QP

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