

East Midlands Divisional Bench Press, 26th March 2006 at Hamiltons Fitness, Colchester.

BDW.	NAME	CLASS	CLUB	equip	1.	2.	3.	TOT.	Wilk's	Pos
0.0	Claire Bailey	52	hamiltons	n	0.0	0.0	0.0	0.0	0.00	
58.1	Jenny Hunter	56	Cambridge	y	80.0	85.0	85.0	85.0	97.17	1
65.6	Collette Pendry	67.5	una	y	100.0	-107.5	100.0	100.0	104.20	1
63.4	Carol Simpson-Reeve	67.5	hamiltons	n	32.5	35.0	35.0	35.0	37.41	2
71.4	Jackie Blasbery	75	Cambridge	y	95.0	105.0	105.0	105.0	103.06	1
0.0	Suzanne Last	90+	Crystal Palace	n	0.0	0.0	0.0	0.0	0.00	
59.4	Chad Mitchell	60	Cambridge	y	107.5	-112.5	-112.5	107.5	92.53	1
58.0	Charles Ifill	60	Crystal Palace	n	85.0	92.5	95.0	95.0	83.61	2
59.3	Steve Dodd	60	una	n	77.5	82.5	87.5	87.5	75.43	3
0.0	Zubair Ahmed	60	una	y	0.0	0.0	0.0	0.0	0.00	
66.6	Wayne MacFarlane	67.5	hamiltons	n	127.5	132.5	-137.5	132.5	103.27	1
62.4	Farhad Saiepour	67.5	una	n	100.0	105.0	-110.0	105.0	86.46	2
74.7	Steve Walker	75	Yardley	y	170.0	177.5	180.0	180.0	128.61	1
73.9	Mike King	75	Mike's Gym	y	110.0	-120.0	120.0	120.0	86.39	2
71.4	Gary Draper	75	Mike's Gym	n	95.0	100.0	-102.5	100.0	73.82	3
72.1	Scott Boxer	75	una	n	90.0	-95.0	-95.0	90.0	65.96	4
72.6	Sam Duncombe	75	una	n	-85.0	87.5	-90.0	87.5	63.80	5
70.7	Thomas Johnston	75	una	n	70.0	75.0	77.5	77.5	57.64	6
72.6	Steve Knight	75	hamiltons	n	75.0	-80.0	-80.0	75.0	54.69	7
0.0	Mark Fleming	75	Skipton	n	0.0	0.0	0.0	0.0	0.00	
	Sean Graham	75.0	Crystal Palace	y						
81.4	Max Rasmussen	82.5	Lakenham	y	-140.0	140.0	-150.0	140.0	94.54	1
78.7	Gary Conway	82.5	Butlers H&F	n	100.0	110.0	120.0	120.0	82.78	2
80.1	Mick Amey	82.5	hamiltons	y	112.5	120.0	-125.0	120.0	81.85	3
89.5	Jerry Rice	90.0	Yardley	y	-185.0	185.0	-195.0	185.0	118.42	1
89.5	Andy Howard	90.0	hamiltons	y	175.0	180.0	185.0	185.0	118.42	2
87.4	Doug D'Gama	90.0	Hitchin	y	167.5	172.5	-180.0	172.5	111.81	3
89.6	Paul Kerridge	90.0	hamiltons	y	120.0	-127.5	-130.0	120.0	76.77	4
86.7	Keith Clark	90.0	una	n	105.0	-110.0	110.0	110.0	71.61	5
0.0	0	0.0	0	0	0.0	0.0	0.0	0.0	0.00	
99.8	Ian Kinghorn	100	Yardley	y	-235.0	235.0	0.0	235.0	143.09	1
95.0	Dave Battisson	100	Lakeside	y	160.0	165.0	170.0	170.0	105.72	2
95.6	Ryan McLafferty	100	una	n	120.0	-125.0	125.0	125.0	77.52	3
99.4	Richard Twycross-Lewis	100	Crystal Palace	n	0.0	0.0	0.0	0.0	0.00	
0.0	Terry Smith	100	Greater London	n	0.0	0.0	0.0	0.0	0.00	
0.0	John MacCormish	100	una	n	0.0	0.0	0.0	0.0	0.00	
102.7	Pinda Singh	110	hamiltons	n	180.0	190.0	-195.0	190.0	114.41	1
101.2	Ken Crickmore	110	Crystal Palace	n	-122.5	122.5	127.5	127.5	77.21	2
108.7	Chris Williams	110	una	n	110.0	117.5	125.0	125.0	73.81	3
117.9	Tom Metcalfe	125	hamiltons	n	-120.0	120.0	-127.5	120.0	69.24	1
0.0	Ken Walkington	125	una	y	0.0	0.0	0.0	0.0	0.00	

Special thanks to loaders: Tom Chantler, Alison Hegley and Andy Hawkins; Referees: Catherine Wass, Tracy Hawkins, Jenny Hunter, Jackie Blasbery, Max Rasmussen and Andy Hawkins; MC Stuart Hamilton; scorekeeper Jamie Hawkins.

First Session

Side Referee

Centre Referee

Side Referee

Second Session

Side Referee

Centre Referee

Side Referee