

East Midlands Divisional Powerlifting Championship 2005, 11th December at Hitchin Weightlifting Club.

	club	bwt	squat 1	squat 2	squat 3	bench 1	bench 2	bench 3	sub	d'lift 1	d'lift 2	d'lift 3	total
Lucy Gledhill	hitchin	55.50	72.5	80	82.5	35	37.5	-40	120	72.5	80	85	205
Jenny Hunter	cambs	57.50	-130	140	-150	82.5	87.5	90	230	150	160	-165	390
Jackie Blasbery	cambs	69.80	140	155	-170	95	105	-107.5	260	170	185	195	455

Chad Mitchell		57.20	65	pass	pass	100	107.5	112.5	177.5	165	pass	pass	342.5
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Shaun Rolands	the farm	66.40	160	pass	pass	100	pass	pass	260	180	190	pass	450
Wayne MacFarlane	hamiltons	65.50	180	190	-205	137.5	142.5	-147.5	332.5	200	220	pass	552.5

Wayne Bartlett	yardley	75.00	165	175	180	100	110	112.5	292.5	165	175	185	477.5
George Leggett	lakeside	74.50	155	165	-172.5	90	92.5	95	260	-185	185	200	460
Alan Ottolangui	hitchin	74.70	190	pass	pass	125	pass	pass	315	200	pass	pass	515

Mick Amey	hamiltons	79.00	142.5	152.5	160	92.5	100	102.5	262.5	193	202.5	210	472.5
Tony Allen	guest	75.20	-150	-150	150	-105	-105	105	255	160	170	185	440
Steve Gates	hitchin	77.90	200	210	-215	-125	125	130	340	225	240	-2??	580
Andy Ly	unattached	80.50	210	225	-240	-130	-130	pass	disq	-230	235	-240	disq
Jake O'Neill	luton	81.70	210	-230	-230	110	120	-125	330	210	225	230	560
TS Adewale	guest	81.90	255	-260	-260	-155	-155	155	410	275	-300	-300	685
Toby Swallow	hitchin	78.40	262.5	275	280	142.5	150	-155	430	245	260	270	700

Tony Wightman		88.90	145	150	155	105	-110	110	265	188	-192.5	pass	452.5
John Jones	yardley	87.00	165	-175	175	92.5	100	-105	275	190	-200	-200	465
Paul Kerridge	hamiltons	88.70	175	190	-200	120	125	127.5	318	220	230	232.5	550
Doug D'Gama	hitchin	85.80	190	205	pass	155	-165	165	370	210	232.5	pass	602.5
Nick Oliver		87.90	197.5	207.5	217.5	110	122.5	125	342.5	195	215	227.5	570
Andy Howard	hamiltons	89.00	230	240	245	170	-175	175	420	240	250	-260	670
John Porter	totton	89.20	-250	250	-262.5	170	175	-177.5	425	250	265	280	705
Gerry Rice	yardley	88.60	-250	260	280	160	175	-180	455	230	240	-250	695
Kevin Jane	the farm	87.60	250	260	-270	155	-160	160	420	275	-290	-290	695

Ajaz Khan	luton	90.10	-140	140	-160	90	-100	110	250	160	180	-200	430
David Battison	lakeside	94.50	215	222.5	230	155	160	165	395	240	252.5	-260	647.5
Ian Kinghorn	yardley	99.50	240	-252.5	-255	235	-242.5	242.5	483	225	235	240	722.5
Gary Mitchell	guest	99.90	285	292.5	300	-165	167.5	175	475	250	-262.5	-262.5	725

Gary Naybour		118.00	-230	230	-250	150	-170	180	410	230	-260	-260	640
Terry O'Neill	luton	121.80	240	260	280	140	150	-155	430	240	260	275	705

Paul Doherty	BGS	138.00	285	pass	pass	-250.5	-250.5	-250.5	disq				disq
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Please note that these scores are based on photographs of the scoresheets filled out at the competition and may not be completely accurate. If there are any errors please contact Stuart Hamilton on HamiltonsFitness@aol.com.