

East Midlands Unequipped Powerlifting Championships 2008



at

The Hitchin & Letchworth Weightlifting Club

Whitehorn Lane
Letchworth
Hertfordshire

on

Sunday 10th February 2007



Classes

Weigh in time

Lift off

Women – all classes & Men – 52kg to 75kg 9:00am to 10:30am 11:00am

Men – 82.5kg to 125+kg 12:00am to 1:30pm 2:00pm

Please send entry fee of £12.50 with entry form to:

Allen Ottolangui
38 Whitehorn Lane
Letchworth
Herts., SG6 2DL

Make cheques payable to: Hitchin Weightlifting Club

Closing date for entries: 27th January 2007

Guest lifters welcome. Lifting under BWLA rules.

Name:

Address:

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Telephone: email:

BWLA number: Club:

Weight class: Gender: Male/Female