

East Midlands Powerlifting Championships 2007



at

The Hitchin & Letchworth Weightlifting Club

Whitehorn Lane
Letchworth
Hertfordshire



on

Sunday 2nd December 2007

<u>Classes</u>	<u>Weigh in time</u>	<u>Lift off</u>
Women – all classes & Men – 52kg to 82.5kg	9:00am to 10:30am	11:00am
Men – 90kg to 125+kg	10:30am to 12:00pm	12:30pm

Please send entry fee of £12.50 with entry form to:

Allen Ottolangui
38 Whitehorn Lane
Letchworth
Herts., SG6 2DL

Make cheques payable to: Hitchin Weightlifting Club

Closing date for entries: 16th November 2007

Guest lifters welcome. Lifting under BWLA rules.

Name:

Address:

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Telephone: email:

BWLA number: Club:

Weight class: Gender: Male/Female