

East Midlands Unequipped Powerlifting Championships 2012

At

The Hitchin and Letchworth Weightlifting Club
Letchworth Corner Sports Club
Whitethorn Lane
Letchworth
Hertfordshire
SG6 2DN



Date :- Sunday 5th February 2012

Classes

Weigh in time

Lift off

All Weight Classes

9.00am to 10.30am

11.00am

Lifting under GBPF rules.

Please send entry fee of £15.00 with slip at bottom of page to:-



Allen Ottolangui
38 Whitethorn Lane
Letchworth
Herts
SG6 2DL

Make cheques payable to: Hitchin Weightlifting Club

Closing Date for entries: 22nd January 2012

No entries will be accepted after this date

Name:

Address:.....
.....

Telephone:..... **email:**.....

GBPF number:..... **Club:**.....

Weight Class:..... **Age:**..... **Gender: Male / Female**