

Anglian Powerlifting Championship 9th May 2010, Hamiltons Fitness Centre, Colchester

Gp	Name	Club	m/f	Class	Weight	Age	Equip	Squat 1	Squat 2	Squat 3	Bench 1	Bench 2	Bench 3	Sub	D'lift 1	D'lift 2	D'lift 3	Total	Wilks	Place
1	Sarah King	Origins Gym	f	60	59.6	sen	n	120	-130	-135	-70	-77.5	77.5	197.50	130	140	-150	337.50	378.23	1.0
2	Jackie Blasberry	Cambridge	f	82.5	80.0	m1	y	130	140	150	85	95	100	250.00	150	165	180	430.00	393.45	1.0
3	Chris Berry	Mikes Gym	m	67.5	64.5	sen	n	100	120	-130	80	-90	-90	200.00	170	180	190	390.00	312.13	1.0
3	Steve Dodd	una	m	67.5	61.1	m2	n	95	100	102.5	82.5	87.5	90	192.50	125	130	-132.5	322.50	270.56	2.0
4	Sunil Chahal	West Mids	m	75	74.5	u18	n	160	170	175	132.5	137.5	-140	312.50	170	180	190	502.50	359.71	1.0
4	Diego Rodney	Bethnal Green	m	75	75.0	sen	n	150	160	170	105	110	112.5	282.50	200	210	220	502.50	358.03	2.0
4	Mick Amey	Hamiltons	m	75	74.7	m3	y	60	80	100	40	0	0	140.00	231	-246	0	371.00	265.08	3.0
5	Ernie Parkes	Bethnal Green	m	82.5	80.3	m3	n	-100	110	120	90	-95	-100	210.00	180	190	200	410.00	279.21	1.0
5	Tom Baty	Special Olympics	m	82.5	80.6	sen	n	120	130	140	80	85	90	230.00	140	150	165	395.00	268.37	2.0
5	Thilina Abeywickrama	Oxford Uni PC	m	82.5	76.3	sen	n	120	130	140	75	80	-85	220.00	150	160	170	390.00	274.61	3.0
5	Scott Mason	Bethnal Green	m	82.5	78.6	sen	n	110	120	125	65	70	-75	195.00	-140	150	160	355.00	245.08	4.0
6	Ian Wells	Hamiltons	m	90	89.6	sen	y	250	260	-270	180	-190	190	450.00	240	255	265	715.00	457.41	1.0
7	Ivan Otim	Bethnal Green	m	90	89.7	sen	n	160	170	-175	105	-110	110	280.00	230	250	-260	530.00	338.86	2.0
6	Kevin Obrien	una	m	90	89.3	m1	n	145	-170	170	110	120	-125	290.00	170	195	-205	485.00	310.81	3.0
6	Tony Wightman	una	m	90	88.0	m2	n	142.5	150	152.5	102.5	107.5	110	262.50	180	187.5	0	450.00	290.60	4.0
6	Stewart Naumann	Estuary Gym	m	90	89.9	m3	n	95	100	110	95	100	105	215.00	155	167.5	-177.5	382.50	244.28	5.0
7	David Watkins	una	m	100	98.6	sen	y	210	-230	-230	-110	110	120	330.00	250	270	280	610.00	373.27	1.0
7	Brad Cutler	una	m	100	99.6	sen	n	210	-227.5	-227.5	122.5	-137.5	0	332.50	260	-303.5	-303.5	592.50	361.07	2.0
6	Matthew Fleet	Mikes Gym	m	100	91.1	sen	n	170	200	-210	130	140	-150	340.00	230	250	-260	590.00	374.29	3.0
7	Gareth Ellis	Oxford Uni PC	m	100	96.2	sen	n	165	180	187.5	110	115	-120	302.50	190	202.5	212.5	515.00	318.48	4.0
7	Sam Hazbun	Oxford Uni PC	m	100	91.3	sen	y	185	200	212.5	-140	-140	-140	212.50	220	230	237.5	450.00	285.16	5.0
7	David Foley	TNT Gym	m	100	94.7	u20	n	135	142.5	150	95	100	105	255.00	175	182.5	190	445.00	277.14	6.0
7	Dominic Patmore	Bethnal Green	m	100	98.7	sen	n	215	220	222.5	-145	-145	-145	222.50	0	0	0	222.50	136.10	7.0
8	Thomas Celestin	Bethnal Green	m	110	106.9	sen	n	230	245	250	105	0	0	355.00	275	295	312.5	667.50	396.28	1.0
9	Ben Jones	una	m	110	103.5	u23	n	175	185	-190	120	130	-135	315.00	215	230	235	550.00	330.24	2.0
8	Jonathan Dickison	Oxford Uni PC	m	110	105.4	sen	n	145	155	165	105	110	-112.5	275.00	195	207.5	210	485.00	289.33	3.0
8	Chris Gladding	Gym One	m	110	109.5	m4	n	-140	-140	140	115	120	122.5	262.50	170	182.5	192.5	455.00	268.03	4.0
9	Domenic Fazzani	Ripped Gym	m	125	122.8	u20	y	250	-275	-275	-190	195	-205	445.00	235	250	-260	695.00	397.25	1.0
9	Matthew Pearce	una	m	125	124.2	u23	n	240	-265	-265	162.5	170	-172.5	410.00	250	265	280	690.00	393.43	2.0
9	Joe Walton	Mikes Gym	m	125	113.1	u20	n	225	240	252.5	135	142.5	147.5	400.00	245	260	-267.5	660.00	385.06	3.0
7	Eric Boama	Bethnal Green	m	125	112.5	sen	n	215	220	230	125	135	-140	365.00	240	255	-275	620.00	362.28	4.0

Left Referee

Centre Referee

Right Referee